

- What are the benefits? Develop new skills, personal satisfaction, and new perspectives.
- How can I be effective and memorable as a mentor? Be committed, open to ideas, accessible, visible, approachable, and allow designated time to develop the relationship.



STEP 1

Register: Complete application form and return to wicm@ficm.ac.uk. Make it detailed and specific.



STEP 2

Complete the e-LFH medical mentoring programme on www.e-lfh.org.uk. Download certificate on completion.

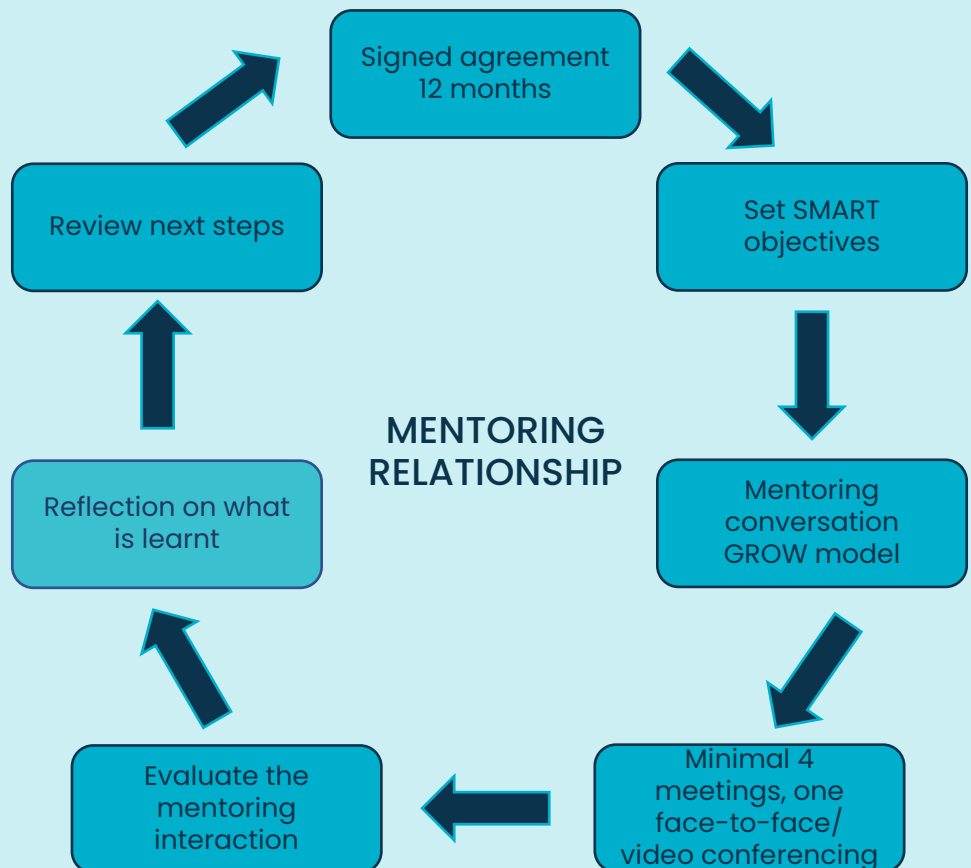


STEP 3

Matching process – the Faculty will carefully individually match mentors with mentees.



STEP 4




STEP 5

End programme (either party is free to leave the programme at any time). Evaluation and feedback.

- Do I need mentoring? Mentoring is a powerful tool for personal growth, development and empowerment to reach one's own full potential. Going through a transition point or an intense learning event? Or trying to strike a balance between professional and personal life?
- What are the benefits? Increased self confidence, connections, development of interpersonal skills, help with decision making and career development.
- What do I need to do? You need to be prepared to commit and invest in the relationship. Take the lead on issues to be discussed and aims of the relationship.



STEP 1

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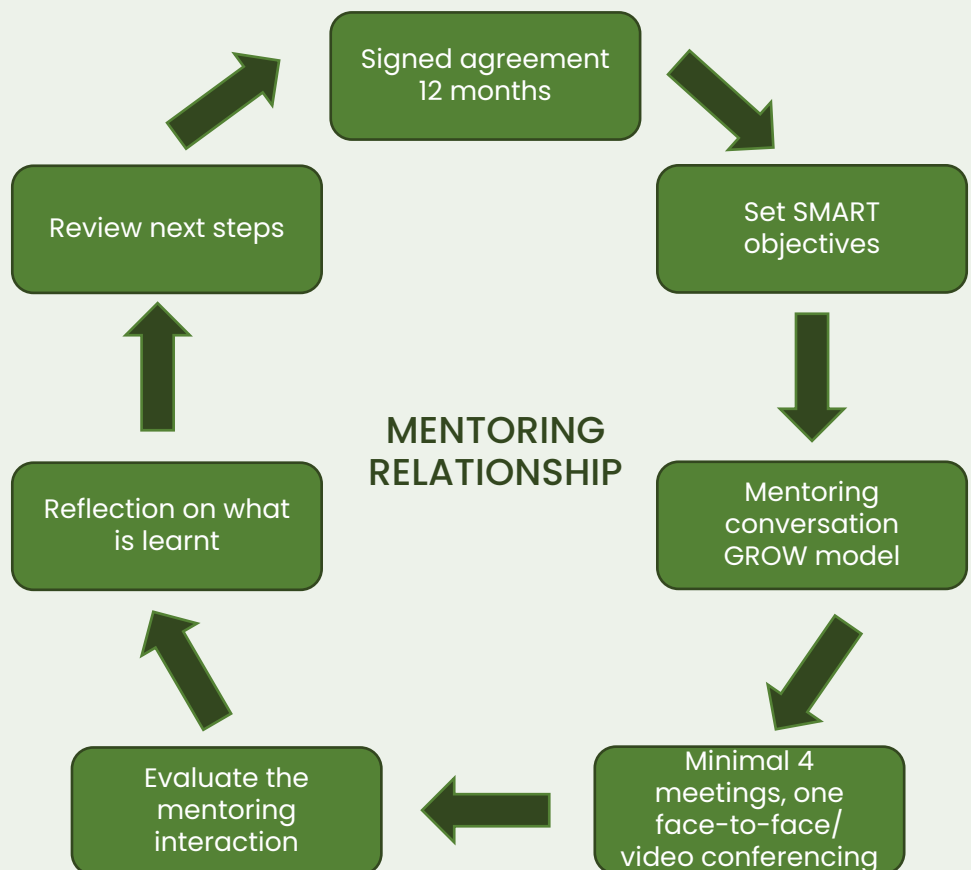


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STEP 4

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