

6th Edition; September 2016

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Welcome!

Welcome to the Sixth edition of Trainee Eye, the newsletter for ICM trainees sent by the Faculty of Intensive Care Medicine.

The aim of this newsletter is to open up channels of communication, and also highlight information that is directly relevant to trainees, and also to the wider ICM community.

FICM website

We launched the new FICM website in July 2016.

We hope you are finding the new Website easy to navigate and informative for training and exams, we would welcome your thoughts on the content for trainees, and topics you feel we should add in the future. Get in touch by emailing us here.

Request for contributions to the new Careers section of the FICM Website

"Have you worked flexibly? Taken OOPE/OOPT, done an unusual fellowship, taken parental leave, a sabbatical, worked for a national body or a local LETB or done something else that you think constitutes 'working flexibly!?'

The faculty are engaged in a piece of work looking at flexible career paths. This is not just looking for people who may work part time (although we do want to hear from them as well) basically anything that is slightly off the well-trodden path.

We would love to hear either an anecdote, but preferably a short video or audio clip perhaps just 1-2 minutes in length, telling your story. Part of this process is to engage the wider medical body to see what is possible whilst combining a career in intensive care medicine.

If interested please send to videos/audio clips to ficm@rcoa.ac.uk

If we like them they may (with your permission) be posted on the FICM website"

Jamie Plumb FICM Trainee Rep

FFICM examination information

Please note the next FFICM MCQ will take place at the RCoA on Tuesday the 10th January 2017. The application window for this sitting opens on the 17th October 2016 and closes on the 24th November 2016.

ICM ePortfolio

Over the summer we have been making important changes to the FICM ePortfolio platform after careful consideration of your responses and suggestions from the ePortfolio survey in April 2016. Although we have been sending notification emails at the point of deployment please find the changes summarised below

1) Ticketing Prefill boxes

Now when a form type has been selected through the ticketing page pre fill boxes will appear which will give you the option to add a document title and a comment about the case or assessment which the assessor will see when they open the form for completion. **These fields are optional.**

2) Sending tickets from the curriculum

It is now possible to send tickets to your Educational Supervisor from the Curriculum pages within the ePortfolio

Once you are happy that you have linked appropriate evidence to a competency within the curriculum you can use the curriculum ticketing function to send a ticket to your ES requesting review and sign off. To Start the process select the ticketing symbol.

Once the create ticket symbol has been selected a stepped ticket creation process will open so all you have to do is follow the prompts.

The targeted guidance document for trainees has been updated. It is available on the ePortfolio, under the Information section, and from the FICM website.

Some further planned changes to let you know about are as follows;

- Logbook upload page under the assessments tab
 At present, there is no dedicated section/template on the ePortfolio for a Logbook. Trainees
 are free to use their preferred logbook and upload it to the ePortfolio as required.
 To assist with a uniform filing system for this an assessment Logbook form has been created;
 this can be accessed under the assessment menu.
 - Once selected input the date range that your logbook covers and then upload your chosen logbook.
 - This is not a compulsory filing section but it will allow assessors to easily view the logbook, along with other assessments in one place, as required for supervision meetings and ARCP meetings.
- NES are also planning to add a create form box to the trainee's home page so that you can select to create a form directly from the home page. This is not a ticketing link but can be used when you are creating a form with an ES present or uploading an assessment yourself.

We will advise you when these are live and update the user guides as required.

If you wish to get in touch with the ePortfolio trainee representatives, Hywel Garrard and Dafydd Williams you can do via email here

Please Note:

Although the Faculty has editing-admin control over information added to the portfolio, we do not have any control over the back-end software that runs the system; this is entirely controlled by NES. If you contact the NES helpdesk please be aware that they refer *all* queries to the colleges/faculties as a matter of routine, even if the issue is a back-end one. Faculty staff will do our best to help you with any problem you are experiencing, but please be aware that if the issue is software related we will be unable to fix them and will have to raise a central helpdesk problem with the NES programmers to resolve the issue.

e-ICM (e-Learning for Intensive Care Medicine)

e-ICM was successfully launched in August. Further modules will be released in the coming months. There is new a website resource containing all the key information (registration, module content, release dates) about this resource: https://www.ficm.ac.uk/news-events-education/e-icm

FICM Trainee Representative Election

An election for a new FICM Trainee Representative will be held on 10th November 2016.

Eligibility

Those eligible to stand are trainee members in good standing with the Faculty, who are ST3 or higher and have been appointed to an ICM CCT programme (either the previous Joint CCT or the new standalone CCT/dual CCTs in ICM programme) with at least 6 months of training still to complete upon taking up the position of Deputy Trainee Representative.

Term of Service

The maximum length of service is **two years**. This will consist of:

one year as the Deputy Trainee Representative; starting in January 2017

then one year as Lead Trainee Representative, starting in January 2018

Application Process

A letter and Form of Notice of Intention to Stand will be sent out to all trainees at the end of September. If you would like to stand as a candidate for this vacancy, please complete and return the form by **5pm on Wednesday 12th October 2016.** Your application **must** be supported by a consultant who is a Fellow, Associate Fellow or Affiliate Fellow in good standing with the Faculty.

Ballot papers will then be sent out mid-October along with the nominee's statements. Ballot papers must be returned by **5pm on Wednesday 9th November 2016.** The election will be held on 10th November 2016 and the results will be declared as soon as possible after the election.

Duties of the Trainee Representatives

The principal duty of the Trainee Representatives is to represent the views of ICM trainees during Board, committee, working group and other meetings as appropriate. The Trainee Representatives must ensure that the Dean and committee/group Chairs are current in all aspects of their role in matters that come within the respective group's terms of reference.

Further duties of the FICM Trainee Representatives include:

- To maintain regular liaison with the ICS Trainee Committee.
- To establish a communication network with all ICM trainees. The email database is kept by the FICM Secretariat from trainees who have registered with the Faculty.
- Maintaining two-way communications with all ICM trainees in order to update them on Faculty developments and to keep the Faculty abreast of information and concerns relevant to its work.
- Attending all meetings of their assigned boards, committees or working groups. Travel expenses are reimbursed subject to the usual arrangements.
- Involvement in Faculty projects that may arise from time-to-time.
- Producing research or written documents from time-to-time including contribution to the FICM newsletter, *Critical Eye*, and the Faculty website.

FICM Trainee Representative

"This will be my last edition of trainee eye as I hand over the reins to Jamie over the next few months. It's been a real pleasure and honour to be able to represent you all over the last 2 years, and I have to say I didn't quite envisage the turn of events that have occurred in that time. The contract issue is not going away any time soon but could I encourage you all to try and stay positive. We all work in a field of medicine that I think is highly rewarding and enjoyable and whilst everything else may seem a bit miserable, it's always worth bearing this in mind.

I know that Jamie will do a great job and will be a vocal representative for you all during these challenging times. There will of course be an election in the next few months to find Jamie's replacement and I cannot recommend highly enough getting involved. You have a real chance to mould things for future trainees and make a difference to the way intensive care training is delivered across the country.

As ever, please get in contact if you have any concerns or problems and we'll do our best to help you out."

Ian Kerslake FICM Trainee Representative

"I'm sure many of you remain concerned about the perilous position that the negotiations for the junior doctor contract appear to be in. I hope that the common sense applied in the statement from the academy of Medical Royal Colleges Trainee Doctors Group (ATDG) offered some much needed balance. However you're feeling about things personally it has been recognised by all that this is an acutely stressful time for trainees and the <u>statements from our faculties Dean</u> was most welcome.

I recently sent out a request for information concerning any areas of the curriculum that trainees had found particularly challenging to 'get signed off'. I will shortly be collating this and presenting it to the training and assessment committee. Many thanks for the hundreds of emails I received on this! We would like to collate some joint resources to go on the website.

We do genuinely want to hear from trainees about any areas of training that you want raising at a board level (the board do want to hear your views) to get in touch email us <u>here</u>."

All the best Jamie Plumb

Faculty News

CONSULTATIONS

The FICM keep abreast of relevant consultations from various organisations. Recent consultations to which the FICM have commented include:

- NICE: Care of the dying adult
- NICE: End of life care for infants, children and young adults
- NICE: Abbreviated Technologies Appraisal
- NICE: Renal Replacement Therapy

The CCT in Intensive Care Medicine

The GMC have approved the changes to the ICM curriculum which were submitted in the Spring.

A new Special Skills Year, Education, has been added. There are also some minor changes to the Academic Special Skills Year and some other minor updates. The full log of changes can be found here:

https://www.ficm.ac.uk/curriculum-assessment-training/updates-curriculum-log

The updated curricula documents can be found here: https://www.ficm.ac.uk/training-examinations/curriculum-assessment-training

WORKFORCE

The Faculty's 2016 Consultant Workforce census closed on 1st July with a response rate of 38%; this was lower than the previous year and the Faculty are currently reviewing the format of the census. Any feedback regarding this would be appreciated. The Workforce Advisory Group is in the process of combining all the data from the 2014, 2015 and 2016 censuses into a full report. The data collected by the census is very important for the FICM Workforce Advisory Group to plan for future critical care workforce requirements.

The Faculty has now undertaken three workforce engagement meetings in Wales, the West Midlands and Scotland. We will be running our next workshop in Yorkshire in November and expect to run a meeting in the North West in early 2017. The full report for the Welsh meeting is now

available on the FICM website and the report for the West Midlands meeting will be available by the end of 2016. If you would like the Faculty to undertake an engagement meeting in your region or you would like further information, please do get in touch with Dawn Tillbrook-Evans, Faculty Coordinator (dtillbrook-evans@rcoa.ac.uk).

FICM Regional Workforce Engagements

GUIDELINES FOR THE PROVISION OF INTENSIVE CARE SERVICES (GPICS)

The Joint Standards Committee have been undertaking an annual review of GPICS as part of their maintenance programme. Version 1.2 will be available before the end of 2016 and will include minor amendments. A full review is scheduled to begin in 2017 for publication in 2018.

Guidelines for the Provision of Intensive Care Services (GPICS)

CRITICAL EYE

The latest edition of Critical Eye is now online and can be viewed here: Critical Eye: Issue 10 2016.

Standing update for new trainees

FFICM examination information

The Faculty has decided that it will, on a case-by-case basis, listen to requests from trainees who wish to sit the MCQ component of the FFICM in the very late phase of their Stage 1 training. This is on the proviso that the MCQ sitting in question falls in the **last few weeks** of the trainee's Stage 1 training and that the trainee's Regional Advisor confirms that the trainee is on course to complete all of their required Stage 1 competencies.

Details about the FFICM examination, including the regulations, dates and fees can be found here.

Training

We are aware that many of you are now making the progression from stage 1 to stage 2 of the new curriculum. Once you have been issued with your Stage 1 Certificate please email a copy to the Faculty. Your training record will then be updated and your ePortfolio account will be linked to stage 2 of the curriculum. Please ensure your certificate is completed and signed/stamped as required before sending it in.

ICM Regional Advisors

The ICM Regional Advisors are instrumental to the delivery of your ICM training, liaising with your TPDs and negotiating with other specialties on your behalf to ensure that you obtain the training that you require to get your CCT. As you have registered with the Faculty, and you needed to liaise with your Regional Advisor to do this, you will most likely know who they are already, however if you don't, these are all <u>listed here</u>. If you do not already have their contact details then please do let the Faculty know and we can provide them – it's always good to have these to hand in case you have any urgent enquiries.

Contacting the Faculty

The Faculty would recommend that if you have any queries regarding your training, you contact your ICM Faculty Tutor and Regional Advisor in the first instance. This is because they will have a greater understanding of local issues which may be affecting you, and they are more likely to be able to advise on a solution as a consequence. However, the Faculty are very happy to advise where possible and we would encourage trainees to get in touch via the FICM inbox: ficm@rcoa.ac.uk

The future

We hope that you have found this Faculty update useful. Please do let us know your thoughts on this. If you have any ideas of what might be useful to include in the future then please do get in touch – we would welcome your suggestions!

Best wishes,

The FICM Team