

Election to the Board of the Faculty of Intensive Care Medicine

Trainee Representative Election 2021

CANDIDATES' ELECTION STATEMENTS *Please read carefully before casting your vote*

Candidates are listed in order of the date their nomination was received.

ROWE, Matt – Southmead Hospital, Bristol
Nominated by Dr Adrian Clarke

I grew up in Devon and had an unorthodox route into Medicine with 3 rounds of applications, 12 rejections and one last minute offer to the postgraduate programme at the University of Birmingham, graduating in 2013. Prior to this I did a degree in Medical Sciences. My employment history ranges from managing a less than high quality leisure centre and making sandwiches for Ginsters to phlebotomy and aeromedical retrieval. Following foundation training in the Midlands, I moved to Bristol.

I'm dual training in ICM with Anaesthesia and have completed stage one training. I was an academic rep during my undergraduate training and am currently the regional ICM trainee rep for the Severn Deanery. Having had an odd route into medicine, time out of training and many, many interviews at both undergrad and postgrad level, I feel I have encountered my fair share of some of the challenges we face as trainees. This has fostered a firm desire to ensure that all our views are heard and that training is kept pragmatic, rewarding and tailored to our needs.

My interests outside medicine include Mountain Biking, Snowboarding and basically anything that might land me a visit to my local major trauma centre.

BAXTER, Brigitte – Morriston Hospital, Swansea
Nominated by Dr Matthew Challis

Hello!

I hope this statement finds you well and enjoying training at this challenging time.

I would be grateful for your support in my bid to represent you.

My training path has been an interesting and somewhat convoluted experience, which I think offers unique insight into the challenges facing FICM trainees today. From starting with ACCS anaesthetics training to three children, LTFT to full time training, dual training with anaesthetics, curriculum and portfolio changes, career gaps with subsequent 'return to work' experience and currently back at work facing the third wave of the pandemic I feel I have something for everyone.

During medical school and foundation training I have enjoyed trainee representative roles. Followed up in anaesthetic training I have been part of our research network committee for the last three years. All of which have involved many meetings, many presentations and many coffees.

As your FICM trainee representative it is my goal to ensure trainees opinions and values are heard. I would love to hear from each and every one of you about your ideas and experiences - good or bad.

Let's chat soon.

TAYLOR, Christopher – Royal Bolton Hospital, Bolton

Nominated by Dr Ajmal Eusuf

I am an ST6 in ICM and Anaesthesia in the North West of England working less than full time to balance work and time with my wife and two children.

I am excited for the opportunity to represent colleagues and friends in training on a national scale. I am a proud member of a truly inspirational body of professionals who have displayed bravery, skill, dedication, and compassion in the extremely difficult times of the Covid-19 pandemic. Our strong sense of community locally and nationally has been vital to provide the emotional and psychological support to counter a seemingly relentless struggle.

However, I recognise the pressures and difficulties that trainees are currently facing. The drive to resume 'normal service' in the NHS is happening amidst the effects of disruptions to training caused by the pandemic, change in the ICM curriculum/e-portfolio and increasing rates of exhaustion and burnout.

As deputy trainee representative, I would use my prior experience as a regional core trainee rep to continue and advance the good work already done by the faculty to support trainees in recent times with a particular focus on advocating the mental health of trainees by promoting a culture of kindness and mutual respect.
