

The Faculty of Intensive Care Medicine

ICM Unit Brief

Part 1 Hospital Details

1.1 Hospital name

Worthing Hospital

1.2 Full address (you **must** include postcode)

Lyndhurst Rd,
Worthing,
West Sussex
BN11 2DH

1.3 Hospital Telephone number

01903 205111

Part 2 ICU Department contact details

2.1 Direct telephone number to Department

01903 285124

2.2 Faculty Tutor name

Tom Standlev

2.3 Faculty Tutor Email address

thomas.standlev@nhs.net

Part 3 Unit Structure

3.1 Number of Beds

12

3.2 Number of admissions

600 – 650 annually

3.3 Percentage of elective vs emergency admissions

Approx 14% elective vs. 86% emergency

3.4 Overview of case mix within the unit

Mixed medical / surgical unit providing intensive care to all specialities except cardiothoracics, burns, major plastics and specialist neuro. Acutely ill children are stabilised on site prior to tertiary paed centre retrieval. Approximately 30 : 60 : 10 Level 3 : Level 2 : Level 1 split of workload.

3.5 Names of Consultants, roles and areas of interest

Name	Role (eg clinical lead, consultant)	
Dr Patrick Carr	Consultant (Renal / ICM)	Medical Examiner / Renal Replacement Therapy
Dr James Hayward	Consultant (Anaesthetics / ICM)	Chief Clinical Information Officer, Teaching
Dr David Helm	Consultant (Anaesthetics / ICM)	RCoA College Tutor
Dr Luke Hodgson	Consultant (Respiratory / ICM)	Research
Dr James Nicholson	Consultant & Clinical Lead	Clinical Director
Dr Tom Pratt	Consultant (Anaesthetics / ICM)	M&M, Unit Development
Dr Colin Spring	Consultant (Anaesthetics / ICM)	Management (Chief of Surgery)
Dr Tom Standley	Consultant (Anaesthetics / ICM)	FICM Tutor
Dr Patrick Thorburn	Consultant (Anaesthetics / ICM)	FICE

3.6 Details of research projects being undertaken within the unit

Centre for RECOVERY, GenOMICC and UK ROXTrials.

Local research into renal biomarkers and clinical predictive indexes.

3.7 How is the unit staffed

ICM Consultant cover 24/7, 365 days a year (twice daily ward rounds, on-call rota for unit alone). ICM trainees (Stage 1), Anaesthetic trainees (Core and Specialist levels), Intermediate Medical Trainees and Foundation Trainees all rotate through the unit. Worthing also runs a successful Medical Training Initiative (MTI) Programme for foreign Anaesthetists with trainees coming from Sri Lanka, India and Zambia many of whom have an interest in ICM.

Good retention of nursing staff.

One unit technician.

Part 4 Training

4.1 Details of training opportunities on the unit

There are opportunities for trainees to gain experience with multiple generic aspects of ICM practice (advanced airway management including percutaneous tracheostomy insertion, US guided vascular access, cardiac output monitoring (Oesophageal Doppler with Pulse Contour Analysis, USCOM), citrate haemodiafiltration, ventilator management, care bundles, daily microbiology ward rounds). Additionally, there are Preoperative (high risk) assessment clinics, a Cardio-Pulmonary Exercise Testing programme, FICE training for ICM trainees, Bronchoscopy, Outreach Team experience including follow-up clinics and Intensivist ward rounds with clinicians from a variety of backgrounds.

4.2 Details of departmental teaching days

Weekly ICM Teaching / Journal Club on Friday morning.

4.3 Details of clinical governance meetings and / or M & M

Morbidity & Mortality Meetings monthly.

ICM Clinical Governance is also covered at Anaesthetic Dept Clinical Governance afternoons to allow wider dissemination.

Cross site ICM meetings with Chichester.

4.4 Number of trainees on each tier of the rota

1 in 9 ICM trainee on-call rota.

IMT trainees provide additional out of hours support.

Team –working with CEPOD Anaesthetist (1 in 10) and Obstetric Anaesthetist (1 in 10) actively encouraged.