

# The Faculty of Intensive Care Medicine

## ICM Unit Brief

### Part 1 Hospital Details

#### 1.1 Hospital name

Whipps Cross University Hospital

#### 1.2 Full address (you **must** include postcode)

Whipps Cross Road  
Leytonstone  
E11 1NR

#### 1.3 Hospital Telephone number

02085395522

### Part 2 ICU Department contact details

#### 2.1 Direct telephone number to Department

02085580164

#### 2.2 Faculty Tutor name

Dr Tom Parker

#### 2.3 Faculty Tutor Email address

[Thomas.parker@nhs.net](mailto:Thomas.parker@nhs.net)

### Part 3 Unit Structure

#### 3.1 Number of Beds

Number of beds: 17

#### 3.2 Number of admissions

>800 per annum

#### 3.3 Percentage of elective vs emergency admissions

17% elective, 80% emergency, 3% repatriations

#### 3.4 Overview of case mix within the unit

Whipps Cross Critical Care is a very busy co-located ICU/HDU consisting of 17 beds (traditionally 8 level 3 and 9 level 2). Since 2020 we have been commissioned to provide 17 level 3 beds across ICU-1 and ICU-2. Annually, we have over 800 admissions, with a mix of approx. 40% surgical and 60% medical patients across a wide range of medical and surgical specialties. Specialist surgery includes colorectal, urology and non-malignant upper GI

### 3.5 Names of Consultants, roles and areas of interest

Name	Role	Areas of interest
Dr Jason Gittens	ICM & Respiratory Medicine Clinical Lead for Critical Care & Critical Care Outreach Clinical Effectiveness Lead Site lead for sepsis	Critical Care Outreach & Rapid Response Systems ARDS/Respiratory failure
Dr Tom Smith	ICM & Anaesthesia Clinical Director of Surgery	Clinical governance & patient safety
Dr Claire Waters	ICM & Anaesthesia Morbidity and Mortality Lead	
Dr Simon Ilott	ICM & Anaesthesia Infection Control Lead	Perioperative medicine
Dr David Melia	ICM & Anaesthesia TPD for Simulation, London ICM Training Programme	Outcomes after high-risk surgery Education & simulation
Dr Charlotte Tai	ICM & Respiratory Medicine Critical Care Rehabilitation Lead	Thoracic USS Education
Dr Peter Chan	ICM & Anaesthesia	Patient Safety Simulation
Dr Niki Vickery	ICM & Anaesthesia	Perioperative research Global surgery
Dr Tom Parker	ICM & Anaesthesia Faculty Tutor ICM Maternal Critical Care Lead	Maternal Critical Care Echo & USS
Dr Tim Knowles	ICM & Anaesthesia	Echo & USS
Dr Darshan Eshwar	ICM	Echo & USS

### 3.6 Details of research projects being undertaken within the unit

FLO-ELA  
VITAL  
OPTIMISE-II

### 3.7 How is the unit staffed?

2 airway trained juniors (CT2 – ST7 anaesthesia, Stage 1-2 ICM) plus additional clinical fellow (FY3+) on 13-hour shifts seven days per week (working pattern below), plus additional trainees completing modules within ICM/anaesthesia/IMT/ACCS training programmes during “office hours”.

2 ICM Consultants (one each for ICU-1 and ICU-2) Monday – Friday, with 1 ICM Consultant for both units Saturday & Sunday.

## Part 4 Training

### 4.1 Details of training opportunities on the unit

There is opportunity to partake in ICU follow-up clinic, echocardiography and US training, and to develop all of the practical skills required in intensive care, including percutaneous tracheostomy, bronchoscopy etc.

Details of in-house courses available:

- Intensive Care Essentials
- Basic Assessment and Support in Intensive Care (BASIC)
- ALS/ATLS/APLS
- Emergency Airway Course
- Multiple simulation courses

### 4.2 Details of departmental teaching

Weekly protected ICM teaching on Wednesdays  
Intensive Care Essentials Course – February & August as part of unit induction process for those new to ICM  
Weekly Journal Club  
Access to trust wide FFICM prep teaching via MS Teams led by St Bart's Hospital

### 4.3 Details of clinical governance meetings days and / or M & M

Monthly Mortality & Morbidity Meeting  
Monthly Quality and Safety Governance Meeting

**Junior Doctor Roster Pattern:**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Standard	Standard	Standard	Standard	Long	Long	Long
2	Off	Standard	Standard	Standard	Standard	Off	Off
3	Night	Night	Night	Off	Off	Off	Off
4	Standard	Standard	Standard	Standard	Standard	Off	Off
5	Standard	Standard	Off	Night	Night	Night	Night
6	Off	Off	Off	Off	Off	Off	Off
7	Standard	Standard	Standard	Standard	Standard	Off	Off
8	Long	Long	Long	Long	Off	Off	Off